

# SHAPE-Utah

Society of Health and Physical Educators

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## Board Highlight



Sarah Roundy currently is the School Health and Wellness Coordinator at the Utah Department of Health and Human Services. She has been serving in this position for 20 years. She enjoys spending time with her family. Some of her favorite hobbies include running, working out, paddle boarding, skiing, and most anything outside. Sarah's primary focus is to help encourage schools implement policy and establish healthy environments within the school setting. Projects include Safe Routes to School, Comprehensive School Physical Activity Program, Local Wellness Policies, and increasing participation with school meals. Sarah also provides professional development and technical assistance to local health departments and local education agencies on best health and wellness programs, activities, and policy.

Sarah Roundy - Executive Director

**March 4, 2024**

Salt Lake Community College  
4600 S Redwood Rd, Salt Lake City, UT 84123

*Envisioning Tomorrow. Engaging Today.  
Essentials for Teaching your Students.*

**Time to get those Sub's Booked!**



**Registration is Now Open!**  
[Click Here to Save Your Spot!](#)

**SAVE**

**SHAPE UT  
ANNUAL  
CONFERENCE**

**MARCH  
4**

**THE**

**DATE**

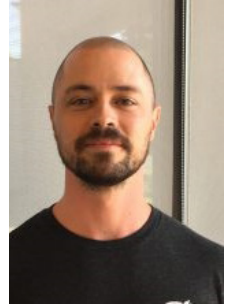
Salt Lake Community College



# MINI CONFERENCES AND USBE COURSES

## Adapted PE

SHAPE Utah sent Bryan Boothe (Adapted PE - Alpine School District) to the National Adapted Physical Education Conference (NAPEC) on Nov. 2-4 in Burbank, CA. By traveling out of state, he was able to create nationwide connections, and help reinforce best practices. Reviewing SPED and APE law, case studies, and learning from those with years of experience were the highlight of the conference for him.



### Adapted PE State Conference at the University of Utah:

On Feb. 10th from 9:00-3:00 at the University of Utah (meeting in the SAEC auditorium), Adapted PE professionals from around the state are invited to an Adapted PE Conference. Lunch will be provided, and relicensure points will be offered. Contact [bboothe@alpinedistrict.org](mailto:bboothe@alpinedistrict.org) or [paul.warner@utah.edu](mailto:paul.warner@utah.edu) for more information.

### Adapted PE Best Practices course through USBE:

For Adapted Physical Educators, and those who take on that role, this professional development course outlines best practices using Utah's Portrait of Meaningful Inclusion (POMI) as the framework. It will include how to address issues of access, peers, systems, and supports and services, Universal Design for Learning (UDL), Personal Competency Based Learning (PCBL), equipment modifications, and SPED Law. It will also include a step-by-step guide to putting on a unified event. Get more information [here](#).

## SHAPE America Teacher Grant

- "Send a Teacher" grants are limited.
- Provide a high-resolution headshot (300 dpi).
- Teachers will be selected in December from submissions to our "Send a Teacher" grant applications.
- SHAPE America staff will reach out to the selected individuals in January 2024.
- All applications will receive follow-up regardless of selection status.



**Due by December 15**

**Click on Logo to nominate**



## Advocacy in Health and PE

The Every Student Succeeds Act (ESSA) identifies school health and physical education as part of a student's "well-rounded education," along with other subjects such as art, music, civics, science and more. This new federal education legislation provides increased access to funds for health and PE programs (including professional development) and allows states and school districts to set their own priorities for funding and accountability.

**Click on image for more information**

## Every Student Succeeds Act

<p><b>1</b> <b>Getting Started With ESSA</b> Become the ESSA expert in your school with this free, 20-page e-guide.</p> <p><b>2</b> <b>ESSA Fact Sheet</b> Get a concise, one-page overview of the new legislation.</p> <p><b>3</b> <b>Title IV, Part A Fact Sheet</b> Learn all the details about the flexible block grants available under Title IV, Part A that will provide schools with access to funds for school health and physical education.</p> <p><b>4</b> <b>State Advocacy Toolkit</b> Access customized, state-specific ESSA tools and key stakeholders for your state.</p> <p><b>5</b> <b>ESSA Support Letter</b> Use this customizable template to stakeholders for support as your state sets priorities for ESSA implementation.</p>	<p><b>6</b> <b>PE + Health = Student Success</b> Use this visual piece to show the benefits of health and physical education for students, from improved academic performance to reduced discipline referrals and more.</p> <p><b>7</b> <b>ESSA Video</b> Watch this engaging video to understand the new legislation, its potential impact on school health and physical education, and the need to take action now.</p> <p><b>8</b> <b>Title IV, Part A Action Alert</b> Urge your members of Congress to allocate sufficient funding for ESSA with this online form.</p> <p><b>9</b> <b>ESSA Impact on HPE PowerPoint</b> Make an impact on stakeholders with this presentation.</p> <p><b>10</b> <b>Be a Backyard Advocate</b> You don't have to go all the way to Capitol Hill for your voice to be heard on the value of health education and physical education in schools.</p>
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*Our mission is to promote and support high quality programs in health, physical education, recreation, dance and sports, and provide members with professional development opportunities that increase knowledge, improve skills, and encourage sound professional practice.*